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Lessons from a Living Lemuria

Balancing Karma through Nutrition for Ascension

Magenta Pixie

Contents

Acknowledgements	9
Opening poem: "Dance For Me"	11
Introduction	15
1: Karma and the Ascension Diet	17
2: Animal and Plant Consciousness	27
3: Destiny and Free Will Templates in Animal Soul Groups	32
4: The Lemurian Diet - Back to the Garden	38
5: Opening Portals and Inner Gold	42
6: The Lord of Karma	51
7: The Fall and the Climb	84
8: The Rainbow Warrior Code	93
9: Goddess Kali, Liquid Light and Sex Magick	104
10: Crystallisation and the Wisdom Codes	119
11: Coconut Charge and Pumpkin Power	131
12: Living Lemuria and the Mushroom Masters	141
13: Meditation: The Golden Chalice	157

"Dance For Me" by Magenta Pixie

Nine white angels responding to your quest,
Guiding you through the timeline that's the best.
Should we eat deer, fish or fowl?
The answer lies with the wise old owl.

Dance for me, starseed, so I can see,
If you will assist the world to be free.
The lightworker's path is the soul's current fashion,
The keycode of choice, this time, is compassion.

From the farthest reaches of all creation,
Beyond the 'Lord Sol', he is pure emanation,
Lies a cosmic rainbow to behold,
And found beyond is the pot of gold.

Eat of the fruit of every tree,
So that you may have true eyes to see.
Discover that which shall take you higher,
The sacred compound that of 'blue starphire'.

You shall find this if you look,
It is presented in this book.
In many places does it hide,
Across your world, far and wide.

Dance for me, starseed, so you can see,
How to set your people free.
For you are the warrior, you follow the quest,
You are the highest, the just and the best.

Follow your mission with an open heart,
Discover the reality of which you are part.
With the higher dimensions, you have a bond,
Memories of Lemuria, Atlantis and beyond.

So walk now into this transmission,
To our words, carefully listen.
Enter the zone, the point that is zero,
For within this story, it is you who is hero.



Introduction

Back in the summer of 2019, someone asked whether or not there is 'karma' on eating meat. Is it possible for a person to move through an ascension process and still consume animal products?

The Nine responded to this question, and I posted the question and the reply on social media. This created a flurry of responses and many more questions!

The response from the White Winged Collective Consciousness of Nine to some of these questions triggered this transmission that is "Lessons from a Living Lemuria".

In the journey of transcribing their words, I have been given visions of the breathtakingly beautiful 'world' that is Lemuria. For that reason, this transmission is dear to my heart.

You too hold these 'memories' within. I hope that the following pages will trigger and activate you into the same love and respect for the Lemurian people and way of life, that I have.

I would like to say a very special thankyou to everyone who posted questions on social media and emailed questions related to this topic. I was unable to include them all, but I picked out the questions I feel were most relevant.

Happy reading!

Magenta Pixie X

1: Karma and the Ascension Diet

What food should we eat in order to reach enlightenment and go through ascension? Do we get karma if we eat animal products and should we be vegan?

Before we respond to your quests, we shall present a brief overview of the force within your universal structure that you name as 'karma'. Within your Bible, it does say "an eye for an eye" and "a tooth for a tooth" but this does not mean that there shall be revenge or consequence in the form of punishment. This explains simply a vibrational match. This is more akin to that which you know as 'the law of magnetic attraction' which is manifested upon your planet within your physical laws as a gravitational field.

In truth this field is a living, intelligent vibration yet one could also see this as a river, if you will, pulsating with magnetic waters. That which you do, think, put out, speak or act presents as an attracting force and this river of magnetic waters is attracted to that force. The matching cosmic material, perhaps known better to you as a plasma within a morphogenetic field, creates a pre-matter blueprint as a copy match to the force (that which you think, put out, speak or act). This force and its pre-matter attraction, perhaps best described to you as 'cause and effect', is instantaneous from our perspective. Yet from your perspective it takes on a linear quality and the magnetic reaction from the original force of attraction is not manifested within matter immediately or simultaneous to the original force. In a clear, ascending, activated aware individual it can be and this is occurring upon your planet in your now. Yet for the majority of third dimensional individuals upon your planet, there is a delay between the original force and the magnetic reaction. This is that which you may call accrued or accumulated karma. Yet in truth, it is the intelligence of the cosmic matrix or field that is at work here as you create your own reality. Your level of awakening, awareness and activation affects the experience of the magnetic

attraction meaning that each individual experiences what you call 'karma' differently.

Karma is not a judgement, a punishment or anything that should create shame within the recipient. It is not literal in the sense that whatever you shall do, you shall then have this exact act done to you. Many perceive this to mean that if you are the perpetrator, you shall then become the victim in the exact same way. This is a literal interpretation and a metaphor. The truth here is energetic match, not physical interpretation. This can only be seen by those who have eyes into the antimatter realities, not just the realities of matter. The pineal gland activations shall show you these living blueprints if you stand in energetic and activated balance within all your chakra systems.

That which you call 'karma' is simply the law of your universe. It is that which is magnetic polarity, striving for individual and thus planetary and cosmic balance. It is not that which you are given as in a 'gold star if you are good' or 'reduction in a point system if you are bad'. It is not outside of you. It is part of you. It is the method or substance that the architect chose to be the means in which his/her children should remember that they are the architect. It is a memory activation tool.

You may perceive this as lessons, repeated universal teachings that come forward in many forms until you finally learn the lesson. Indeed, this is an accurate presentation of the experience. Yet in truth, what you are doing here is seeing yourself, knowing yourself and balancing yourself. This is what we mean when we use the term 'karma'. It is neither positive or negative in the sense of bad or good. It is positive and negative only in the sense of polarity and balance. Now we have presented a most basic picture of the karmic law within your universe, we may respond to your quests.

What food should we eat in order to reach enlightenment and go through ascension?

There is no 'should' here. Ascension has many stages and one can move through an 'ascension experience' regardless of dietary consumption. However, if one wishes to move through a fully aware ascension process in the most aligned way available to you at this time, which is that which we call 'accelerated' or 'stargate' ascension, one would need to have moved to that stage of mastery achieved by the indigenous peoples which is akin to being 'karma-free'.

One needs to be as 'light' as possible. The way forward here (if it is your calling and your desire) is to follow a predominantly plant-based way of eating.

Consuming small amounts of sustainably raised animal flesh (specifically seafoods) or animal products (eggs and dairy) eaten infrequently would not affect this stargate ascension process.

However, if a large amount of animal flesh - even sustainably raised seafoods - is eaten, then these codes tie you, or bind you into the physical dimension (or in the case of seafoods, the astral dimensions).

This is likely to affect your ability to raise in frequency high enough to reach full, free, fifth dimensional energy or what we may call 'permanent residence in the New Earth' (or permanent fifth strand activation).

Do we get karma if we eat animal products and should we be vegan?

Again, there is no 'should'. If you become plant-based/vegan because you think you should do so in order to ascend, yet you are miserable because you are not eating meat, then this can lower your light quotient even more than the consuming of the animal flesh.

Each case is different and each person is so very unique. We give here a guideline structure in a generalised sense, there is always exception to the rule when it comes to nourishment.

Having said that, animals raised through a lifetime of suffering and animals who have their lives taken through suffering hold a very high fear vibration within their flesh/milk/eggs. This *will* affect the human individual. In order to go through any kind of ascension, one must upgrade the animal flesh and products one consumes to ethically and naturally raised sources.

Consuming the flesh of animals who have suffered will place those fear codes into the matrix field of the individual. These fear codes are literal chemicals created by adrenaline caused through extreme fear. The attracting force to this is a service-to-self force. The mass suffering of animals and animal products then fed to the human population is a major part of the hijacking of humanity. An aspect of that which we call 'the black box programme'.

Ascension is possible when consuming animal flesh but *only* if that animal has lived a natural life and has consumed a species specific diet.

How long does one need to have maintained a strictly vegan diet in terms for karma accrued with early unconscious animal consumption to clear?

Firstly, may we say that unconscious animal consumption is 'less than' (we speak here in metaphor for as we have said there is no scale, this is simply a match to wherever you are - a mirror showing yourself to self) conscious animal consumption when aware of karmic energetic and suffering upon your planet.

Yet even less than this is conscious animal consumption when ritualised in ceremony and gratitude, following the harmonious living as the indigenous peoples. For they stand in mastery of this sacrifice. Yet in all these there are karma, for karma is part of living within the physical dimension until one reaches mastery within the balance of cause and effect.

They are then said to be 'karma-free'. Even then, this is not the case. It is more the case that it is instant balancing of the scales

and living within a zero-point field, rather than a linear polarity field. Ascension, if you will, and the one who balances the karmic energetic instantaneously is the 'ascended master on Earth'.

When one becomes fully plant-based in their eating habits and thus takes the label that you refer to that is 'vegan' upon your planet, one must also hold the compassion for life and the desire to inflict as little suffering as possible within this mindset. The *intention* is everything here. The action of being the vegan through dietary means and lifestyle is the manifestation to the intention. If the intention is pure and focused then the switch from creating karma from animal consumption into freedom from the creation of that karma is instantaneous. It matters not, therefore if one has been vegan for one hour, one day, one year or one decade if the intention is pure and focused.

If one becomes vegan in lifestyle but does not hold the purity of intention to match the action then the accumulation of previous act, as in the consuming of animal flesh and by-product, may remain as a geometric frequency code within the matrix fields of that individual. However, the new action which is the consumption of only plants, also sits as a code within the matrix fields creating a mixed vibration. The karma to this is therefore a 'mixed karma' if you will (both negative and positive experience as the effect to the original cause). Therefore there shall be a linear time period whereby the karma accrued from consuming animals catches up with the new karma which is the consumption of plants. The amount of time it takes to clear that accrued karma will depend entirely upon the vibrational frequency and the individualised matrix codes of that individual.

What are some ways to honour the plants we consume to maintain lowest levels of karma/highest vibrations possible while we still choose/need to eat plants at all?

The most aligned ways to honour both plants and animals is to care for them. Therefore if you raise your own animals and plant

your own plants, these will be the most aligned ways to honour them. The emotions are compassion and gratitude.

Plants are to be lovingly removed from their bush, tree or grounded state and to have thoughts sent to them of love and gratitude for the nourishment they offer. Karmic energy is balanced very quickly when consuming plants for this is directly connected to the level of the desire and will to live. This is why no amount of blessing, prayer, ritual or ceremony when taking the life of an animal can ever be balanced instantaneously. However, the overall karma of the individual can be balanced simultaneously if one follows the indigenous mastery of living in harmony with the Earth. This would mean little animal flesh or by-product is consumed within the overall diet, if a spiritual enlightenment is a goal that runs alongside the desire to live in strength and health within the physical density of Earth. We might add that *full* enlightenment has been achieved by very few indigenous masters due to the heaviness of the eating of animal flesh. However, degrees of mastery have been attained such as the ability to carry memory through death into future physical incarnations. They knew that their destiny was to remain upon a physical incarnational wheel or cycle, if you will.

The ascension and most especially the 'accelerated' or 'stargate' ascension is very different, for you are moving beyond the third density cycle and need to create the blue starphire, light speed momentum in order to achieve this. This cannot be achieved at this level by an individual still consuming animal flesh or by-product on a regular basis.

Land animal meat, eggs and dairy hold the codes for the third dimension.

Sea animal meat and eggs hold the codes for the fourth dimension.

Therefore those eating a plant-based plus seafood diet will have a higher vibrational frequency than the land animal eaters in most cases. There are variations to overall frequency.

Just as there are those who are not physically ready to become eaters of light and need no solid food, so too are there those who are not physically ready to become eaters of only plants.

If you are not eating according to your vibrational frequency then deficiencies in chemicals and codes needed for life can occur.

Therefore it is important for you to understand that we are not saying you should give up the consumption of animal flesh and animal by-product. We are simply showing you the way forward into stargate ascension, which is a journey, and there are specific stages within that journey.

The way forward therefore at this time for you, is conscious or intuitive eating. If you are drawn towards eating only plants, then follow this. If you strongly feel that eating animal flesh or animal products is right for you at this time, then follow this. This does not mean you will not attain stargate ascension for eventually, as you move forward in your ascension journey, you will naturally be led or guided by your intuition or higher guidance structure towards that which is right for you to consume. The karmic energies will balance themselves for you individually as you raise the light quotient within. The first stage of awakening when it comes to food and nourishment is the awareness of where the food comes from and how it is created. You will therefore naturally move away from the processed, chemically-laden, man-made foods and the factory farmed animal flesh and by-products that are produced through the suffering of the animal and the taking of their life, and you will move towards the clean, fresh and whole foods. You will move towards the ethically raised and appropriately fed animal flesh and by-products. Thus begins the first step into enlightenment and ascension, if you will, from the point of view of the energy you physically consume.

This first step can take many years and these stages or steps are not necessarily linear.

The second step would be to move away from land animal flesh and into sea animal flesh and animal by-products that are sustainably raised and humanely treated. Within this second step

may be the moving away from all animal flesh entirely and the consuming of eggs and dairy products.

We may add that the consuming of conventionally raised dairy products holds a high karma in itself, even though you are not consuming the actual flesh of the animal. This is due to the fact that the infant animal has been deprived of the mother's milk, the very life force of nourishment, and to this end this amounts to the energetic of taking without permission or stealing.

The only way to consume dairy products relatively karmically-free is to raise the animal yourself and ensure that the infant animal feeds first. When the infant has had its fill then the remaining milk can be consumed in its raw state. This is then seen as an offering or a gift and is karma-free.

The same will be the case for eggs. Only when the chicken, duck or other egg-laying animal is allowed to raise some young and there are unfertilised eggs available that would not become life, then these can be consumed.

The next step would be to move into a fully plant-based or vegan lifestyle. At first this may contain the processed and the chemically-laden or man-made, but will be created from intentions to reduce suffering through compassion and love of animals. The higher vibratory state to this is the one who consumes the clean and the whole food plant-based products only.

Now if these individuals were drawn to the plant-based way of eating through their vibration matching this, through compassion and love, then these are the individuals that will be able to create the blue starphire, light speed momentum within the cellular structure of their bodies. Compassion is the code for acceleration of DNA.

The individuals who were drawn to the plant-based lifestyle through means other than compassion and love for all life, for example through health reasons or dietary challenges for amusement or experimentation, will find that the plant-based lifestyle creates within them a natural compassion and love for all life simply through the creation of a higher vibration.

It is, predominantly the *raw* plant foods that hold the codes for stargate ascension. There are many other tools for raising light within. Food and nourishment is only one part of the bigger picture. Yet your quests within this transmission are regarding karma and foodstuffs consumed for ascension, so we remain within this topic.

The next step would be to move into a liquid only diet. Humanity as a whole is not fully at this stage at this time. There are individuals who are but when it comes to the collective consciousness of humanity, particularly starseeds, the foods and nourishments eaten at this time are naturally and ethically raised animal and animal products and those following the plant-based or vegan lifestyle.

The next step is into a cellular structure whereby you would only need to consume light. This is known upon other planetary systems as 'ambrosia' or 'nectar'.

Again, this is not where humanity sits on a collective level at this time, although there are some individuals who are at this stage.

The life extension into immortality within physicality is fully engaged on a cellular level once it is ambrosia or nectar that is consumed. However, one must have enough blue starphire (light speed momentum into retained memory) to be able to sustain the physical body.

This is a solar ascension process, the seeds of which were downloaded into the receptive human psyche around the time of the 'Diamond Lion's Gate Portal' in August 2019. We say here 'seeds' which will draw you into the desire for raw foods, liquids and periods of fasting which are precursors to ambrosiac consumption.

You may be fully aware that the 'eating of light' (or taking the path of the breatharian) is the path for you *at some point*. You may even have memory of eating this way in a past incarnation (which is actually the same thing as you 'going to be eating this way in the future' for you are moving within spiral formation which causes you to come full circle on a soul level).

We do not recommend you move into this breatharian lifestyle until you have followed the required steps and initiations which are beyond the scope of this transmission (although the initiations for this are available on your planet through scribes other than our conduit).

Disclaimer

The breatharian lifestyle can be dangerous for a human entity who has not reached the specific light quotient necessary for this. As we have said, this is NOT where the collective consciousness of humanity is at the point of this transmission. We present the information only to show you a timeline of humanity's lifestyle specific to nourishment as you go through your ascension stages as a planet.